

2013-2014

MINOR IN HEALTH EDUCATION, GENERAL
PROGRAM OF STUDY

Minor Code: 403/13.1307(teaching majors only)
Department of Curriculum and Instruction

Contact: Dr. Terri Mitchell
mitchelltd@appstate.edu

The Minor in Health Education, General is for those students with or working towards a teaching license in a subject area other than Health Education. A minor in Health Education, General consists of 18 semester hours.

I. REQUIRED COURSES: 15 SH

- HED 3450 School Health Programs (3) F;S
- HED 3655 Methods and Materials in Health Education (3) F;S
- HED 4650 Drug Education and Prevention (3) F;S
- HED/HPC 4710 Teaching Sex Education Within a Family Context (3) F;S
- HED/HP 3100 Emergency Care and CPR (3) F;S

II. SELECT ONE COURSE FROM THE FOLLOWING: 3 SH

- HED 2100 Introduction to Health Education (3) F
- HED 3120 Consumer Health Education (3) S
- HED 4730 Teaching Stress Management and Emotional Health (3) F
- NUT 2202 Nutrition and Health (3) F;S

III. TOTAL HOURS REQUIRED FOR MINOR: 18 SH